

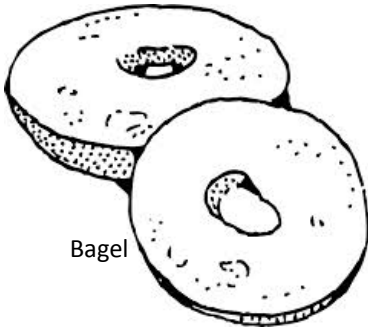


“Everyday” and “Sometimes” Foods

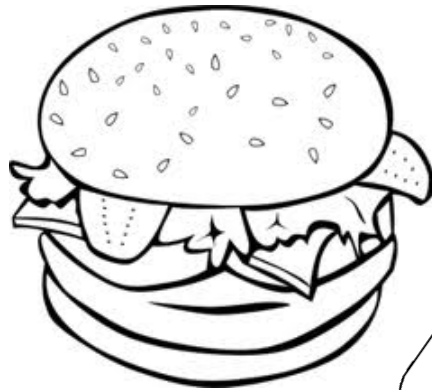
Ages 8 to 10:

Color in the “everyday” foods!

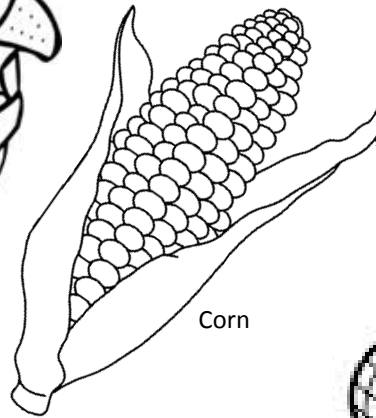
(HINT: There are 6 “everyday” foods on this page.)



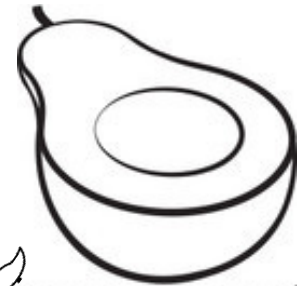
Bagel



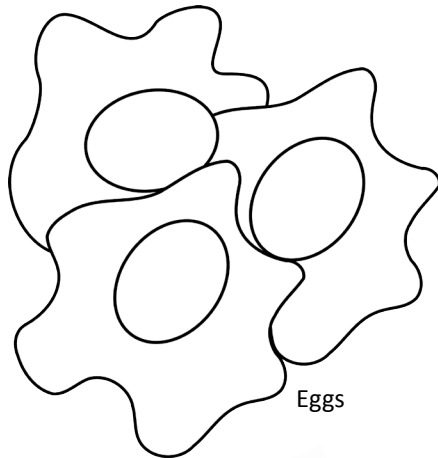
Hamburger on a white roll



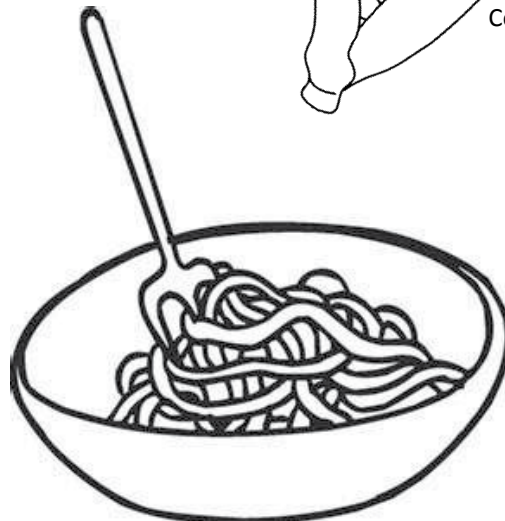
Corn



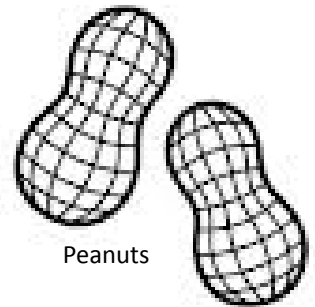
Avocado



Eggs



Whole-wheat pasta



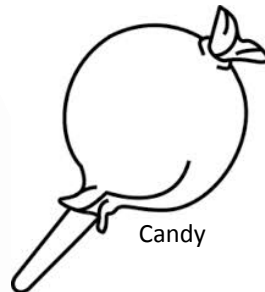
Peanuts



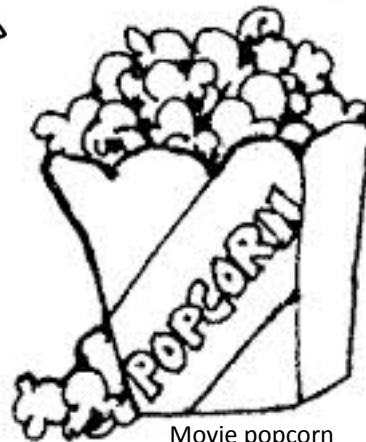
American cheese product



Broccoli



Candy



Movie popcorn



Cupcake

Answer Key: “Everyday” foods = avocado, peanuts, broccoli, corn, eggs, whole-wheat pasta.